



**IV International Breastfeeding Symposium
La Liga de La Leche de Euskadi**

PROVISIONAL PROGRAM

**Breastfeeding in Special
Circumstances**

**Languages: simultaneous translation for Spanish ,English and German.
Accreditation requested to the Basque Council for the Ongoing Training of
Health Professionals
CERPs requested to the IBLCE**

Monday, November 15th 2010

08:00-15:00

Document collection. New registrations. Poster hanging.

09:00-13:15

SIMULTANEOUS WORKSHOPS

The workshops will be carried out simultaneously from 09:00h AM to 13:00 PM. Each workshop will have seating capacity for 100 people. The organization reserves the right to cancel a workshop due to insufficient enrollment. Your reservation for the chosen workshop will be confirmed once the Technical Secretariat has received your completed registration form. The organization will issue a pertinent attendance certificate for the workshop. Registration fee: 35 € (workshop 1) or 60 € (workshop 2).

Workshop 1: "Helping mothers using Non Violent Communication".

Conductor:

Nerea Mendizabal, Educational Psychologist and LLL Leader.

Pilar de la Torre, Psychologist, Non Violent Communication trainer, Madrid.

Abstract: This workshop is aimed at midwives, pediatricians, IBCLCs and anyone who works with breastfeeding mothers.

The workshop's objective is to learn to offer companionship and support to breastfeeding mothers, paying special attention to their experiences, feelings and needs.

(The guidelines we will work on can be transferred to any kind of relationships in our daily life.)

Workshop 2: "Sucking problems: looking for solutions, finding answers. Nipple damage: Do we solve problems by identifying the causes?"

Conductor:

Kay Hoover, IBCLC for the Riddle Memorial Hospital in Media, Pennsylvania. LLL Leader, USA.

Abstract: The aim of this workshop is to review the most common problems that can arise while breastfeeding, and to address the strategies that can help participants to identify and solve such problems

15:00-15:15	OPENING CEREMONY
15:15-16:00	<p>INAUGURAL LECTURE. "The risks of not breastfeeding babies with special needs."</p> <p>Carmen R. Pallás Alonso, Neonatologist, Head of the Neonatology Unit of the 12 de Octubre Hospital, Madrid. Member of the Breastfeeding Committee of the Spanish Association of Pediatrics. Member of the Childhood and Adolescence Prevention Group (PrevInfad)</p> <p>Facilitator: Jesús Martin Calama Valero, Head of the Pediatrics Unit of Obispo Polanco Hospital, Teruel. Member of the Breastfeeding Committee of the Spanish Association of Pediatrics . National Coordinator of BFHI</p>
16:00-18:30	<p>FIRST ROUND TABLE: What do we know about how to help mothers and babies in special circumstances?</p> <ul style="list-style-type: none"> • How to support mothers who are HIV+ and decide to breastfeed in the first world. Current recommendations: Pamela Morrison, IBCLC , former LLL Leader. Member of ILCA Ethics Committee. United Kingdom • Promoting breastfeeding in special circumstances in primary health: M^a Teresa Hernández Aguilar. Primary Health Pediatrician, C.S Fuente de San Luis, Valencia. 10th Department of Valencia's Health Agency. Coordinator of the Breastfeeding Committee of the Spanish Association of Pediatrics. International Representative of IHAN (Initiative for a more Human Birth and Lactation Care). • Home care program and breastfeeding management in premature babies with early discharge from hospital : M^a Isabel Pérez Agromayor, Nurse of the Neonatology Unit of the 12 de Octubre Hospital, Madrid. Nurse in charge of the Program "Home care in premature babies with early discharge" • Breastfeeding Promotion among mothers with social exclusion risk: Carmen Tejero Lainez, Social Worker and maternal care expert . Municipal Health Centre of Town of Zaragoza. Via Lactea Leader. <p>Facilitator: Alicia Valtierra Pérez, Coordinator of the educational Unit of Midwives in Euskadi. Supervisor of Labor Area at the Hospital de Basurto, Bizkaia</p>
18:30-19:00	COFFEE BREAK
19:00-20:00	<p>LECTURE " Breastfeeding multiples"</p> <p>Kay Hoover, IBCLC Ride Memorial Hospital in Media , Pensilvania. LLL Leader Pensilvania</p> <p>Facilitator: Luis Angel Gallo Estrada. Nursing Director of Ezkerraldea -Enkarterri Region of SVS, Osakidetza, Bizkaia</p>
20:00	First Day Closing

Tuesday, November 16th 2010

TIME	PROGRAM
09:00-11:00	<p>SECOND ROUND TABLE: Breastfeeding babies with oral disorders. (First Part)</p> <ul style="list-style-type: none"> • Breastfeeding babies with cleft palate: Christa Herzog-Isler, Nurse HMP, LLL Leader, IBCLC, Women's Hospital in Zug, Switzerland. Member of the specialist team of cleft palate of Lucerna. • The Complexity of (breast) feeding babies with heart disease <i>Kathleen A. Marinelli MD, IBCLC, FABM, FAAP</i>, Lactation Services, Connecticut Children's Medical Center, Neonatology, Connecticut Children's Medical Center Associate Professor of Pediatrics, University of CT School of Medicine, Chapter Breastfeeding Coordinator, American Academy of Pediatrics, Academy of Breastfeeding Medicine, Board of Directors <p>Facilitator: Gonzalo Gonzalez Landa, Clinic Head Childrens Surgery Unit, Hospital de Cruces, Bizkaia. Chair of Palate Cleft Spanish Society.</p>
11:00-11:30	<p>COFFEE BREAK AND POSTER DEFENSE</p>
11:30-13:30	<p>SECOND ROUND TABLE: Breastfeeding babies with oral disorders. (Second Part)</p> <ul style="list-style-type: none"> • Ankyloglossia. Impact on breastfeeding: Evelyn Jain, MD, CCFP, IBCLC, Clinical Assistant Professor at the Faculty of Medicine, University of Calgary, Canada. • Breastfeeding the Baby With Low Tone—Is it Possible? <i>Kathleen A. Marinelli MD, IBCLC, FABM, FAAP</i>, Lactation Services, Connecticut Children's Medical Center, Neonatology, Connecticut Children's Medical Center Associate Professor of Pediatrics, University of CT School of Medicine, Chapter Breastfeeding Coordinator, American Academy of Pediatrics, Academy of Breastfeeding Medicine, Board of Directors <p>Facilitator Jose Arena Ansotegui, Neonatologist at the Donostia Hospital. Gipuzkoa Chair of BHFI National Committee. Member of the Breastfeeding Committee of the Spanish Association of Pediatrics and Central Committee of Osakidetza. Coordinator of maternity and children's Program of UNICEF Spain.</p>
13:30-14:00	<p>POSTER VISITING AND DEFENSE</p>
14:00-15:00	<p>LUCNH</p>
15:00-17:00	<p>THIRD ROUND TABLE: Breastfeeding and mother health.</p> <ul style="list-style-type: none"> • Compatibility of medications and breastfeeding. Alternative therapy. Jose Maria Paricio. Pediatrician, Head of the Pediatric Services at Denia Hospital (Alicante). Member of the Breastfeeding Committee of the Spanish Association of Pediatrics. • Non-pharmacological treatment for postpartum depression: Kathleen Kendall. PhD in Psychology, IBCLC, Clinical Associate Professor of Pediatrics at Texas Tech University School of Medicine in Amarillo, Texas. <p>Facilitator: Juan Jose Lasarte Velillas, Paediatrician. Health Centre Torre Ramona. Zaragoza. Member of the Breastfeeding Committee of the Spanish Association of Pediatrics. Coordinator of the educational Area of BHFI. Director of BHFI website</p>

<p>17:00-18:00</p>	<p>MOTHERS'S SPACE</p> <p>Breastfeeding experiences from mothers with special circumstances</p> <p>Breastfeeding after breast reduction surgery</p> <p>Breastfeeding in subrogated motherhood</p> <p>Breastfeeding multiples</p> <p>Facilitator: Ruth Gutsens Lizarreta, LLL Euskadi Leader</p>
<p>18:00-18:15</p>	<p>PRIZE GIVING FOR BEST POSTERS</p>
<p>18:15-18:45</p>	<p>COFFE BREAK</p>
<p>18:45-19:45</p>	<p>CLOSING LECTURE:</p> <p>New paradigm of Pstpartum Depression. Kathleen Kendall, PhD in Psychology, IBCLC, Clinical Associate Professor of Pediatrics at Texas Tech University School of Medicine in Amarillo, Texas.</p> <p>Facilitator, Rosario Quintana Pantaleón Gynecologist Hospital Universitario Marqués de Valdecilla, Santander. Labor Area. Coordinator of Sexual and Reproductive Health Centre , La Cagiga Santander.</p>
<p>19:45-20:15</p>	<p>CLOSING CEREMONY</p>