

# CURRICULUM VITAE

**Evelyn Jain BA, BSc, MD, FCFP, IBCLC**

## ACADEMIC RECORD

1990 International Board Certified Lactation Consultant  
1989 Certificate of The College of Family Physicians (CCFP)  
1987 Licentiate of The Medical Council of Canada  
**1987 M.D., University of Calgary, Canada**  
1984 B.Sc. with distinction, University of Calgary  
1966 B.A. Social Studies, Newcastle-upon-Tyne U.K.

## PRACTICE

1989-2005 Family Medicine with hospital privileges and obstetrics  
1990-2005 Medical Director, Lakeview Breastfeeding Clinic

## HOSPITAL APPOINTMENTS

Active Calgary District Hospital Group, Rockyview General Hospital, 1995-2005.  
Grace Hospital, 1990-1994

Courtesy Calgary General Hospital, 1989-closure  
Foothills Hospital, 1994-1996

## ACADEMIC APPOINTMENT

1996 Clinical Assistant, Professor, Department of Family Medicine, Faculty of Medicine, University of Calgary

## AWARDS

November 1992 Best Family Practice Paper, Predisposing Factors in Nipple Candidiasis. Family Practice Research days XVI, Michigan State University, East Lansing, Michigan

November 1998 Award of Excellence in Family Practice. Category: Innovation in Family Medicine. McLean Hunter, Toronto.

July 1999 Community Service Award, Calgary Medical Association

November 2003 Fellow of The College of Family Physicians of Canada

## **EDUCATIONAL ACTIVITIES**

### **Undergraduate**

- 1993 – Present Faculty advisor, Faculty of Medicine  
Lactation elective preceptor, clinical clerkship, residency  
Family practice elective preceptor, clinical clerkship, residency
- 1991 – 1993 Preceptor, Family Course, second-year students, Faculty of Medicine
- 1995 – 2005 Didactic teaching all Family Practice Residents Breastfeeding

### **Graduate**

- February 1994 Model videotaped interview for CCFP Oral Exam preparation
- 1991 – 1995 Preceptor Examiner, Simulated Office Oral Exams, for CCFP candidates
- 1990 – Present Physicians, residents, students, lactation consultants, pharmacy students
- 1993 Preparation, Lactation Questions for Family Practice Exam Certifying

### **Research Supervision**

- 1994 Predisposing factors in Nipple Candidiasis, Canadian Family Physicians, August 1994
- 1995 Won best Family Medicine Presentation, Michigan
- 1993 – 1994 Initiation and Continuation Rates of Breastfeeding Mothers at a Calgary hospital

### **Postgraduate Teaching**

- 1991 – 2005 Residents, half-day seminar for all Family Medicine rotations  
Family Practice Residents academic half-day lecture  
Family Practice and Paediatric clinic elective

### **Other**

- 1991 Mentorship program, high school student observation
- 1991 – 2005 Community Health Nurses and Lactation Consultant Training
- 1995 – 1998 Consultant, Medical Information Service, Continuing Medical Education, University of Calgary, Faculty of Medicine

### **Continuing Medical Education Planning Committees**

- Nov.1993-1996 Family Practice Update

- September 1994 Physician Breastfeeding Conference  
Contraceptive Update
- November 1993 Education Program on the Latent Phase of Labour for parents  
(Perinatal Audit Program)

## **ADMINISTRATIVE RESPONSIBILITIES**

### **Grace Hospital**

- 1994 – 1995 Judicial Committee
- 1993 – 1994 Pharmacy and Therapeutics  
Medical Executive Committee
- 1992 – 1993 Family Practice Obstetrical Interest Group; Member 1992; Chair 1993  
Representative on Southern Alberta Perinatal Audit Program
- 1996 Academy of Breastfeeding Medicine, Rochester, New York  
Chair, Communication and Education Committee
- 1998 Calgary Regional Medical Staff Association  
Ad Hoc Committee on Practice Management Issues
- 2006 Member, Committee for Retention of Physicians

## **PROFESSIONAL ACTIVITIES**

### **Membership in Professional and Learned Societies**

- Licenciate of the Medical Council of Canada
- Certificate of the College of Family Physicians of Canada
- Canadian Medical Association
- Alberta Medical Association
- Canadian Medical Protective Association
- Federation of Medical Women
- Migraine Association of Canada
- Physician Wellness Group, Class of 1987
- Physicians for a Smokefree Canada
- Headache Society of Southern Alberta, Founder Member and Secretary
- Canadian Lactation Consultants Association
- International Lactation Consultants Association
- Calgary Breastfeeding Matters Group
- Academy of Breastfeeding Medicine, Charter Member

## **Professional Service**

### **Reviewer for:**

- Canadian Family Physician
- Journal of Human Lactation
- World Health Organization

### **Facilitator for:**

September 1998 Second Annual Multi-Therapeutic Conference, Banff

## **INVITED ADDRESSES**

### **Lactation**

#### **Faculty of Medicine, University of Calgary, Calgary, Alberta**

- April 1998 Obstetric Update; Faculty of Medicine, Calgary. Breastfeeding. Practical tips for mother and baby.
- November 1995 Family Practice Review and Update, Calgary, Alberta. Solving Breastfeeding Programs.
- October 1995 25<sup>th</sup> Anniversary Celebration Scientific Program, Faculty of Medicine, Calgary. The Latest Thinking in Breastfeeding and Human Lactation.
- November 1994 Family Practice Review and Update, Calgary, Alberta. Tips for the Family Physician.
- Sept. 13, 1994 Breastfeeding: Controversial Issues for Physicians, Faculty of Medicine, Calgary, Alberta. Sore nipples: A focus on less common problems. Feeding techniques.
- Feb. 22, 1994 Family Practice Evening Course, Continuing Medical Education, Faculty of Medicine. Breastfeeding problems.
- November 1993 Family Practice Update, Faculty of Medicine, Calgary, Alberta.
- April 7, 1993 Update on Breastfeeding for Physicians

### **Hospital Rounds**

- December 1997 Rockyview Hospital Rounds, Breastfeeding: Getting it Right from Day 1.
- November 1996 Calgary General Hospital, How the Family Physician in Canada Promotes Breastfeeding.
- February 1996 High River Hospital. Breastfeeding: How To Make It Work For Your Patient.

- December 1995 Rockyview Hospital. Breastfeeding: How To Make It Work For Your Patient.
- May 1995 Inservice: Rockyview Nursing Staff. The Community and Breastfeeding.
- May 1992 Foothills Hospital. Role of Family Physician In Facilitating Breastfeeding.

### **National and International**

- 1990 Invited seminars on lactation to numerous hospitals and breastfeeding organizations in California, UK and Australia and New Zealand.
- July 1998 New Mexico Chapter. American Academy of Family Practice, Annual Conference. "Trouble Shooting Breastfeeding Problems".
- November 1997 Telemedicine Canada. Infant Nutrition and Breastfeeding Series. Thrush Prevention and Treatment.
- June 1997 Seventh Annual National Breastfeeding Seminar. Humber College, Etobicoke. Thrush: Prevention and Treatment. Clinical Support for the Breastfeeding Mother.
- September 1996 Headwaters Breastfeeding Clinic. Breastfeeding for Professionals.
- September 1996 Methodist Hospital, Minneapolis, Minnesota. Full-day seminar. Comprehensive teaching on lactation physiology and management of breastfeeding problems.
- March 1996 Grant MacEwan Community College. Nipple Candidiasis. Breastfeeding the Tongue-Tied Baby.
- March 1996 Alberta Breastfeeds Conference, Edmonton. Two presentations.
- March 1996 Annual Scientific Assembly, College of Family Physician of Canada, Banff. Research Poster Presentation. "Tongue-Tie" (Ankyloglossia): Management of the Breastfeeding Baby".
- January 1995 Sturgeon Health Unit, St. Albert, Alberta. Breast Infections and Treatment. Medical conditions affecting Breastfeeding.
- July 7-10, 1994 International Lactation Consultants Association Conference, Atlanta, Georgia: Ankyloglossia; Assessment and Management. Organization of community lactation clinic.
- March 17-18, 1994 La Leche League Conference, Winnipeg, Manitoba.
- April 1993 Calgary Breastfeeding Conference, Nipple Candidiasis.
- March 1993 Westlock, Alberta, full-day workshop, Community Health and Hospital Medical Staff.

- March 1993           Edmonton Breastfeeding Conference, University Hospital.
- February 1993       38<sup>th</sup> Annual Scientific Assembly, College of Family Physicians of Canada, Alberta Chapter, at Banff. Solving Common Breastfeeding Problems.

### **Community**

- May 1993            Calgary La Leche League Area Conference. Communicating With Your Doctor.
- January 1993        Breastfeeding Matters Group, Nipple Candidiasis.
- 1992-2005           Many talks for community on menopause, stress management, doctor-patient communication, prenatal care, migraine, osteoporosis, health promotion, male health.

### **Posters**

- October 1996        Poster Presentation. First Annual International Meeting, Academy of Breastfeeding Medicine. Tongue-tie (Ankyloglossia).
- July 1995            Poster Presentation. 10<sup>th</sup> Annual Conference of International Lactation Consultants Association, Scottsdale, Arizona. Sponsored by Patricia Hunt Memorial Fund, Family Medicine Unit, University of Calgary.

### **Medical Topics**

#### **Community**

- October 1998        Headache Support Group Calgary. Speaker – Migraine Management: Medical and Complementary Approaches.
- February 1998       Red Deer: Migraine Prevention and Treatment. Sponsored by Glaxo-Wellcome. (public)
- 1996 – 1997         Calgary (several as above).

#### **Pharmaceutical**

- March 1998          Vancouver. The Family Physicians Approach to Migraine Management (drug reps). Sponsored by Zeneca.
- March 1998 &  
December 1997      Facilitator. Osteoporosis Prevention and Management. Family Practice Facilitator. Sponsored by Merck-Frosst.

#### **Medical Video**

- 1996                 Tongue-Tie: Impact on Breastfeeding, Complete Management including Frenotomy. Teaching video/DVD for nurses and doctors (still in demand in 2009; worldwide circulation).

## **PUBLICATIONS/PRESENTATIONS**

### **Peer Reviewed Manuscripts**

August 1994 Predisposing Factors in Nipple Candidiasis. Canadian Family Physician, Tanguay, K.E., McBean, M., Jain, E.

### **Non-Peer Reviewed Manuscripts**

August 1998 Canadian Journal of Diagnosis. Role of Galactogogues in Lactation.

Until 2006 Talks, teaching, reviewing medical articles for journals, running breastfeeding clinic and family practice office continuing as before. Very busy OBS practice until November 2005. Joined Calgary South central Primary Care Network in the fall of 2006.

September 1995 Early Postpartum Discharge: Implications for the Family Physician, Canadian Journal of Continuing Medical Education.

January 1994 Alberta Association of Registered Nurses Newsletter, Mastitis.

1993 College of Family Physicians of Canada, Alberta Chapter, Practice Tips.

1993 – Present Canadian Lactation Consultants Association Newsletter, “Ask the Doctor” column – several topics.

1993 Family Health, invited article, “Yeast Infections in the Breastfeeding Mother”.

Numerous articles, medical nursing, lactational, community publications.

Regular “Ask The Doctor” column, Headache Society of Southern Alberta.

### **Communications – unpublished**

- Oral anomalies in the newborn: feeding implications.
- Breast infections.
- Post-partum depression.

### **In Progress 2004-2005**

- Evaluation of a Treatment Regimen for Nipple Candidiasis.
- Ankyloglossia: Assessment of Post-Frenotomy Patients.

## **COMMUNITY SERVICE**

2006 Member of the Board and financial supporter of Calgary Breast Cancer Supportive Care

- 1987 Lectures and written contributions in Calgary on health care and the best use of physicians.
- 1981 Supported logistically and financially the establishment of FIRST BIRTHING ROOM in Alberta in Calgary General Hospital.
- 1979 – 1984 La Leche League volunteer, helped mothers overcome problems in breastfeeding and assisted training of medical students.
- 1974 – 1978 Initiated programs for school lunches for kids in Lakeview schools.  
Promoted girls' rights to use the playground!

### **MISCHELLANEOUS**

- Skyline Hikers of the Canadian Rockies: Member, annual hiker and occasional camp physician.
- Mount Royal Children's Choir: tour physician.

### **INTEREST**

- Hiking, cycling, classical music, reading and travel. Supported through volunteer work and financial contributions Calgary Philharmonic Orchestra, Calgary Opera, Calgary Girls' Choir, Theatre Junction, Lakeview Community Association and other organizations.
- 2006-2007 Board Member, Breast Cancer Supportive Care.
- 2006 Calgary Community Connects. Facilitation of Contemporary Parenting Course.
- 2008 Inn from the Cold/Mustard Seed. Volunteer cooking and foot care.
- October 2005 Speaker and facilitator: Emotional Sequelae of Spiritual Abuse. Alberta Bible College.
- 2006-2007 Creative writing.